

ANNUAL SPORTS DAY

Loyola High School celebrated its 24th Annual Sports Day on 10th December 2023 with great fervour. Dignitaries included Hon'ble Justice Purnendu Singh, Patna High Court; Mr. Vijay Kumar, DIG, CRPF headquarters Delhi; and Rev. Br. Alphonso Toppo, Principal, St. Aloysius High School. The event began with hoisting the school flag and floral welcome by the Principal. Justice Purnendu stressed the importance of sports and leadership. The ceremony featured the school torch lighting, oath-taking, and a captivating musical band. The march past showcased student discipline. Events included athletics, frog jump, skipping, and drills by grades 1 to 6. Cheers filled the ground as winners were felicitated, and Blue House emerged as the overall Champion. The day concluded with a grand finale expressing solidarity, followed by a vote of thanks.



CHRISTMAS FESTIVITIES

On December 20, Loyola High School celebrated Christmas with fervour. The event began with a heartfelt carol by students and a musical play depicted the birth of Lord Jesus Christ, followed by a graceful angel dance. Principal Reverend Brother Sudhakar Reddy delivered a message emphasising hope, love, joy, and peace and stressed the importance of helping the less fortunate. The festive spirit continued on December 21. Secretary Rev. Brother Herman Ekka, Principal Rev. Brother Sudhakar Reddy, Vice Principal Rev. Brother Sunil Indwar, the Christian teachers and students along with their family members. Students presented captivating carols and highlighted Jesus's teachings. Principal Brother Sudhakar emphasised love and unity. The celebrations concluded with joyous dance on "Jingle Bells," and heartfelt vote of thanks. On 22nd December also Christmas was celebrated with its faculty members. The event featured a range of activities designed for camaraderie and festive spirit, fostering a sense of unity and appreciation among the staff.



BADMINTON AND KABADDI COMPETITION

Badminton and Kabaddi are the most popular sports around the world. These games require immense stamina and speed. In the primary section, the Badminton and Kabaddi competitions were conducted from November 25th to November 29th, 2023. It was for both boys and girls from classes III to V. In these games, each player observes their opponents to win points. Badminton and kabaddi players are great at focusing, and this skill is incredibly valuable for studying. The benefits of these games include improved mental strength, sharpness, fitness, cooperation, and teamwork.



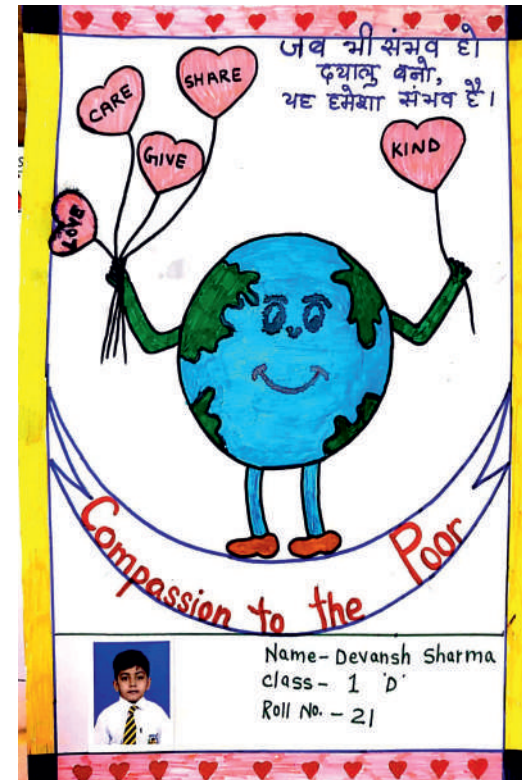
ART GALLERY



Nirali Neeraj Varshney
6B
Roll No.: 43



Ananya Sinha
11C, Roll no.: 8



Pranit Adi
Roll No.: 38



LOYOLA HIGH SCHOOL

KURJI, PATNA, BIHAR - 800010 Website: www.loyolapatna.edu.in

NEWS LETTER

★★★ 2023 - 2024 ★★★



Theme:

**COMPASSION TO THE POOR:
COMMITMENT, EMPATHY
AND LOVE TOWARDS
OTHER HUMAN BEINGS**



TEACHERS' ARTICLES

SERVICE TO HUMANITY IS
SERVICE TO GOD

Annapurna Sharma
(Mathematics Department)

"One who is not envious but is a kind friend to all living entities, who does not think himself a proprietor and is free from false ego, who is equal in both happiness and distress who is tolerant - such a devotee of mine is very dear to me."

(Bhagavad Geeta; Chapter 12, text 13) Love, compassion and empathy towards other beings is the innate value that forms the very foundation of human existence. Empathy is characterised by an awareness of other people's emotional experiences and an attempt to feel those same emotions from their perspective. Whereas, compassion is characterised by the desire to take action to help the other person. Compassion takes empathy one step further because it harbours a desire for all people to be free from suffering and it's imbued with a desire to help. By cultivating and expressing compassion we focus beyond our narrow, local self or ego and open to a sense of enlarged or common identity that we discover through our authentic self. Today, the world is in even more greater need of our love and compassion than ever before. It helps us to connect with others, mend relationships and move forward

towards making our Earth a better place to live in and flourish. When we give love and become compassionate towards others, we enrich ourselves with a feeling of self sufficiency, of wholeness and we are able to feel true happiness. We can practise compassion by being kind and considerate in thoughts, words and in actions. In simple words, compassion is helping, giving, listening and being patient to others. Love and compassion hold the true essence of life. They are the doors to humanity, the most simplest way to serve God.

COMPASSION CAN CHANGE THE WORLD



Rubina Maria, PRT

Compassion for the poor is a critical and essential ethical aspect of creating a fair and equitable world. Poverty is a multifaceted problem that affects individuals, families, and society as a whole. We can work towards a society that values the dignity and well-being of all its members by developing empathy and compassion for those experiencing poverty and engaging in compassionate action to support them. Investing in education, creating job opportunities,

providing social welfare programs, addressing structural inequalities, empowering communities, and addressing global poverty are some strategies that can help alleviate poverty and promote social justice and equality among the people. By embracing compassion for the poor, we can create a world in which everyone has access to the resources and opportunities they need to thrive.

TEACHERS' ARTICLES

ACTS OF LOVE: EMBRACING COMPASSION IN THE FACE OF POVERTY

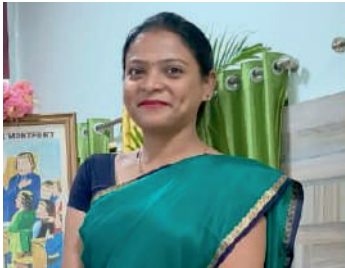


Mr. Manjeet Kumar, PGT Chemistry

Compassion, a cornerstone of humanity, manifests through commitment, empathy, and love, particularly when directed towards the impoverished. True compassion involves a dedicated commitment to alleviating the struggles of the less fortunate, transcending mere sympathy. Empathy serves as the bridge, allowing us to connect with the experiences of others, fostering a deeper understanding of their challenges. Love, the driving force, empowers

individuals to extend a helping hand, creating a bond that transcends socioeconomic differences. Embracing compassion towards the poor not only addresses immediate needs but also sparks systemic change. It is the collective responsibility of society to cultivate these virtues, fostering a world where empathy and love for fellow human beings prevail.

HEART'S HARMONY: NURTURING BONDS BEYOND SELF



Ms. Sarang Augustine, TGT Biology

We can't heal the world today. But we can begin with a voice of compassion, a heart of love, and an act of kindness." Mary Davis Understanding and sharing another person's emotions, together with wanting to ease their suffering, is what it means to be compassionate. Social interactions require empathy, which is a highly regarded quality. Comprehending another person's emotions and sentiments is known as empathy. It is a necessary element of both personal and professional lives. Being able to comprehend the values, beliefs, and cultures of others is a skill or

attribute. Love for others is a lovely way to show understanding, connection, and compassion that benefits both the giver and the recipient. Compassion for the poor involves understanding and empathising with their struggles, recognizing their dignity, and actively seeking ways to alleviate their suffering or improve their circumstances. It often translates into acts of kindness, generosity, and support to address the challenges faced by those in need.

Compassion is the compass that guides human beings as they pursue their purpose; courage is the enabler of the purpose they care about; and commitment provides sustaining energy to weather any challenges along the way. In the present scenario, love for others is crucial for fostering empathy, compassion, and unity. It strengthens social bonds, promotes mental well-being, and helps communities navigate challenges with resilience and solidarity.

Building commitment for others often involves

developing strong interpersonal connections and a sense of responsibility. Showing genuine interest in their well-being, actively listening, and supporting them in their goals.

To be committed to others, set clear intentions, prioritise their needs, and consistently invest time and effort into building and maintaining relationships. Communication, empathy, and reliability are key components of commitment. Show genuine interest and be there for others in both good and challenging times. Embracing compassion, commitment, empathy, and love for fellow human beings foster a harmonious and interconnected society, nurturing understanding, support, and genuine connections among individuals.

Compassion enables us to empathise with the struggles of others, commitment allows us to take meaningful actions, and love builds connections that transcend differences, fostering a more compassionate and understanding society.

STUDENTS' ARTICLES

COMPASSION

Compassion for the poor is an essential facet of our shared humanity, urging us to recognize and respond to the struggles faced by those less fortunate. In a world marked by socio-economic disparities, cultivating compassion is crucial for fostering a society that cares for its most vulnerable members. The plight of the impoverished often encompasses not only material deprivation but also emotional and social challenges. True compassion involves a deep understanding of these multifaceted struggles, coupled with a sincere commitment to alleviating them. When we embrace compassion for the poor, we

acknowledge the systemic issues that contribute to their hardships and work towards creating positive change. It prompts us to extend a helping hand, whether through charitable acts, community initiatives, or advocating for policies that address poverty at its roots. Compassion for the poor transcends mere sympathy; it motivates us to actively engage in efforts that uplift individuals and communities, empowering them to break the cycle of poverty. In practising compassion for the poor, societies can move towards a more equitable and just future. It is a catalyst for positive change, sparking a ripple

effect that transforms not only the lives of the underprivileged but also the mindset of those who extend a helping hand. Ultimately, compassion for the poor is an affirmation of our shared humanity, reinforcing the belief that everyone deserves a life of dignity, opportunity, and hope.

Divyanshu Aditya
9A, Roll No.: 26

BATTLING POVERTY

In the words of Nelson Mandela, 'Overcoming poverty is not a gesture of charity; it is an act of justice.' Despite significant global progress in recent decades, poverty remains an enduring challenge that affects millions worldwide. According to the World Bank, approximately 9.2% of the world's population lived in extreme poverty as of 2019, surviving on less than \$1.90 a day. This stark reality underscores the urgency of addressing the multifaceted issues perpetuating poverty. Poverty is not just a lack of income; it encompasses insufficient access to education, healthcare and basic services. In 2020, the International Labour Organization reported that 8.8% of the global

workforce lived in extreme poverty, highlighting the inextricable link between employment and poverty reduction. Moreover, the COVID-19 pandemic has exacerbated existing inequalities, pushing an additional 119 to 124 million people into extreme poverty in 2020 alone, according to estimates by the World Bank. Developing regions face disproportionate challenges, with Sub-Saharan Africa having the highest poverty rates. In 2021, the UNDP reported that over 50% of the population in Sub Saharan Africa lived on less than \$1.90 a day. Additionally, gender disparities persist, as women are disproportionately affected by poverty due to unequal access to resources and opportunities. Efforts to eradicate poverty require a holistic

approach, addressing economic, social, and political factors. Sustainable development, equitable distribution of resources, and inclusive policies are essential components of any strategy to break the cycle of poverty. As the global community strives for justice, Mandela's words echo the imperative to transform charity into systemic change, creating a world where poverty is not only alleviated but eradicated.

Ashutosh Anupam
9D, Roll No.: 18

COMPASSION: THE WARM BLANKET

Compassion is the warm blanket of care you wrap around those facing tough times. Commitment means keeping your promises. Empathy is the ability to imagine how another person is feeling and understand his or her mood, and love is caring for everyone. Helping the poor is a heartfelt promise to stand by others with commitment, empathy, and love. When we share what we have and show kindness, the world becomes a brighter, warmer place for everyone to enjoy.

Akshita Govind
5B, Roll No.: 14

BUILDING BRIDGES OF HOPE

Compassion for the poor is like making a promise to care, showing understanding, and sharing love with our fellow humans. It's not just about saying we care; it's about doing things to help those who struggle. Imagine walking in someone else's shoes to feel what they feel - that's empathy. When we commit to helping the less fortunate, we're promising to take real actions, not just talk. This commitment comes from a place of kindness and a desire to make the world better. Love is the magic ingredient; it drives us to be generous and considerate. Let's all work together, showing commitment, empathy, and love to create a world where everyone has a chance for a better life.

Sanya Narayan
11C, Roll. No.: 48

BEING COMPASSIONATE TOWARDS THE POOR

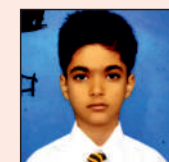
In a world where some have a lot and others have little, can we ignore the struggles of those with less? Isn't it our duty as humans to commit ourselves to making things better? Think about it – when we understand and share the feelings of those facing difficulties, can we not build connections that go beyond our differences? Love and compassion shouldn't just be feelings; they should drive us to take action, helping those in need. So, let's ask ourselves: Are we creating a world where everyone has a fair chance? And, are our actions guided by a commitment, empathy, and love that uplifts the less fortunate instead of just giving them a handout?

As we ponder these questions, let's remember that change starts with us. Each small act of kindness, every effort to understand someone else's struggles, and every instance of extending a helping hand contribute to a more compassionate world. So, let's not just talk about it – let's be the change.

Kamran Ashraf Shaikh
11 B

COMPASSION FOR THE LESS FORTUNATE

Compassion for the poor is a moral imperative that every individual, society, and government must embrace. The poor are among the most vulnerable members of society, and they need empathy, understanding, and support to overcome their challenges. Poverty is a complex and multifaceted problem that affects individuals, families, and communities, and it requires a comprehensive approach that addresses its root causes.

Shreyansh Kumar Pandey
2B, Roll no.: 53

COMPASSION: A WAY TO PEACE

Before World War 2, the land was called Palestine, A place where the Arabs used to dine. Then came the Jews from across the sea, Europe was from where they fled. They proclaimed the land as theirs, Because God said so. The Arabs got ready with their spears, As, their reply was a big no. So, with each other they began to fight, And the English colonists thought it wasn't right. With their beautiful homes and comfy ride, The home of Palestinians they decided to divide. But the Arabs were still mad, And so were the Jew. They never accepted the Britishers as their father, And the hate rapidly grew. This was the history of the war, On innocents which left a deep scar. This is not the end, the war is still prevailing, Everyday in Gaza, hundreds of children are dying, A situation in which humanity is crying. As the humanity itself sees, No one is fully wrong, no one is fully right. So, let us bring compassion So, let us bring peace, And stop this evil fight.

Faisalur Rahman
8B, Roll No.: 25

ACTIVITY REPORTS OF DECEMBER

UNIT TEST-3

Loyola High School conducted its third Unit Test for the 2023-24 academic year from 13th to 20th December. This examination was meticulously designed to assess students' comprehension of the curriculum. Additionally, the test provided an invaluable opportunity for students to revisit and consolidate their understanding of the material, ensuring a robust foundation for upcoming learnings and examinations.

CHANGE YOUR PERCEPTION - SHOW COMPASSION TO THE POOR

Look around the streets and roads, what do you see? Buildings, malls, shops, cars but was that something on the corner of the roads or on the foot paths able to grasp your attention? No it wasn't! Those poor people, in a pathetic condition sitting and begging for food or some money in summer, winter or monsoon in every season, to satisfy their hunger, their burning stomach. How many times did any of us take time to feed them the lunch that we thought was tasteless? How many times did any one of us think of stopping and giving them a share of our pocket money that we use to buy useless things? Did any one of us even take time to look at them carefully? Once I was also like you, who didn't take any notice of them but my thoughts changed when one fine day with a sandwich from Monginis in my hand and water in my mouth my eyes were stuck on a shabby person searching for some edible item in the trash bin and eating rotten food items. My dear friends, that day I felt you are lucky and I am also blessed enough that our condition is not so. We don't have to think from where we will manage to get food the next moment. I gave my sandwich to that shabby old person, in return I got something that was priceless, that smile, those blessings from him, that happiness on his face, completely changed my perception. Just a little, a small change, a little compassion towards the poor, can change your perception, your life and your relationships with others. Let us do it! Let us show compassion to the poor with whatever we have!

Aditi Singh
8C, Roll No.: 3

RAINWATER HARVESTING

An art-integrated activity based on Rainwater Harvesting was conducted for class VIII on Dec 15, 2023 by the Social Science Dept. For a country like India, where it rains for roughly 100 hours of the year, the management of water becomes even more critical. Students were shown a presentation on various important aspects of water scarcity and rainwater harvesting. Students were understanding and interpreting throughout the session very sincerely.

